Choosing a Confirmation Sponsor

What is a Sponsor?

A sponsor is a person who encourages and assists a candidate to embrace and actively practice the Catholic faith both before and after Confirmation. The sponsor also presents the candidate to the Bishop at the celebration of Confirmation.

Who can be a Sponsor?

A sponsor is an important part of your preparation for Confirmation. At your Baptism, your parents chose one or two sponsors for you -- your godparents. To emphasize the connection between Confirmation and Baptism you could choose one or both of your godparents to be your sponsor. However, the selection of a special sponsor is also permitted. This could be a grandparent, aunt or uncle, other relative, family friend, parent of one of your friends, a teacher.

To qualify as a Confirmation sponsor an individual must:

- ⇒ Be at least 16 years old (by the date of Confirmation)
- ⇒ Have received all the Sacraments of Initiation (Baptism, Eucharist & Confirmation)
- ⇒ Display a visible commitment to living out the Catholic faith and be willing to help you lead a Christian life
- ⇒ Not be a parent of the candidate

The sponsor will attend: Candidate and sponsor retreat / rehearsal
Celebration of the Sacrament of Confirmation

Prayer to Help Choose a Sponsor

Holy Spirit, helper and guide,
give me wisdom as I choose my Confirmation sponsor.

Help me to choose a person of prayer
who will teach me also to be a person of prayer
who will support me in difficult times
who will guide me to make good choices,
and who will challenge me when I do not.

Help me to choose someone who will love me and teach me to love Jesus.

Thank you for giving me a community of people around me to support and guide me as I take this important step in becoming more fully a member of your Church.

Amen.