

The Roman Catholic  
**Parish of St. Timothy**

Archdiocese of St. Boniface  
135 John Forsyth Road Winnipeg Manitoba R2N 1R3

204-949-3760 [info@st-timothy.ca](mailto:info@st-timothy.ca)  
website: [st-timothy.ca](http://st-timothy.ca)

St. Timothy is a contemporary Roman Catholic parish called to "fan into flame the gifts God has given us" (2 Tim 1.6-7) so together ALL encounter and share the Living Christ.

Our vision is to be a life-giving community committed to welcome, to worship, to grow, and to serve.

Reservations are strongly recommended  
go to [RSVP Church](#)

**LORD'S DAY:**

Saturday at 4 pm\*  
Sunday at 9 am & 11 am\*  
\*livestreamed Masses

**WEEKDAY MASS:**

Tuesday - Friday at 9:30 am\*  
\*Tuesday & Wednesday Masses are livestreamed

**Parish Office Hours:**

Tuesday, Wednesday & Thursday:  
9 am - 5 pm (closed noon - 1 pm)

*January 9, 2022*



**Pastor:** Fr. Brian Trueman  
[Fr.Brian@st-timothy.ca](mailto:Fr.Brian@st-timothy.ca) / 204-949-3769

**Parish Coordinator:** Grace Grindean  
[Grace@st-timothy.ca](mailto:Grace@st-timothy.ca) / 204-949-3760

**Database Coordinator:** Nicole Nicholson  
[Nicole@st-timothy.ca](mailto:Nicole@st-timothy.ca) / 204-949-3760

**Parish Accountant:** Diane L'Arrivee  
[Diane@st-timothy.ca](mailto:Diane@st-timothy.ca) / 204-949-3768

**Coordinator of Religious Education:**  
Michelle Coyne  
[Michelle@st-timothy.ca](mailto:Michelle@st-timothy.ca) / 204-949-3764

**Catechism Supervisor & Pastoral Care:**  
Maria Castellano / [Maria@st-timothy.ca](mailto:Maria@st-timothy.ca)

**Custodian:** Ignatius Zinowko  
[custodian@st-timothy.ca](mailto:custodian@st-timothy.ca) / 204-949-3760

**Liturgy Committee:** [liturgy@st-timothy.ca](mailto:liturgy@st-timothy.ca)

**Society of St. Vincent de Paul:**  
[ssvpwinnipeg@gmail.com](mailto:ssvpwinnipeg@gmail.com)

**Refugee Ministry:**  
[st.timothyrefugeeministry@gmail.com](mailto:st.timothyrefugeeministry@gmail.com)

**Sacrament of Reconciliation (Confession):** Before Mass, or you may make an appointment by contacting Fr. Brian at 204-949-3769 or [fr.brian@st-timothy.ca](mailto:fr.brian@st-timothy.ca)

**Sacrament of the Anointing of the Sick:** By individual appointment due to the pandemic. Contact Fr. Brian or the parish office.

**Baptisms:** Contact the parish office 3 months in advance.

**Weddings:** Contact the parish office one year in advance.

**Bulletin:** Submit church related announcements to Grace ([bulletin@st-timothy.ca](mailto:bulletin@st-timothy.ca)) by Tuesday morning.

Find us on:



## Thanks and Be Safe

Greetings!

First of all I would like to thank all of you for your Christmas wishes, cards, and gifts. I was initially planning to get together with family after the busyness of Christmas and before the New Year, but those plans really sort of fell apart due to the recent developments of the pandemic. Despite the unfortunate-ness of that though, I felt very blessed by the support and presence of this parish family. And certainly, thank you for your prayers as we (myself, staff, and volunteers) worked to do our best to respond to the challenges of the pandemic and the great desire to celebrate the Mass of Christ and all of the other liturgies of the past two weeks. And a huge thank you to all those who volunteered in big ways and small to help make these liturgies possible, beautiful, and safe.

Certainly, the increase in cases for the virus has meant that our liturgies have been impacted in some not insignificant ways. We noticed a fair number of people who had signed up for the various Masses but who decided not to come in the last days or hours leading up because they had either come in close contact with someone who had tested positive or had symptoms but had not yet been tested. Thank you for being responsible, careful, and making a sacrifice not to come.

We have also heard from a few parishioners who have either tested positive or were symptomatic themselves and have been isolating while recovering. These individuals had been attending our Masses on occasion before their symptoms arose, but had been physical distancing, using masks and were at least double vaccinated. Given the rapid spread of the virus, it is not entirely surprising that some have tested positive, even for those who are double vaccinated. We are informing you simply as a precaution, and as a reminder that our parish has closely followed all COVID-19 prevention protocols since the beginning and will continue to adapt as the needs arise.

Please let this be a reminder to us all that even if you have been vaccinated you can still contract and spread the COVID-19 virus without knowing it. This brings to mind again how critical it is that we follow and respect all public health protocols that are in place: ensuring that we maintain six-feet of physical distance, the sanitizing of hands, mask wearing, and minimizing prolonged socialization.

If you experience flu-like symptoms, cold-like symptoms or are not feeling well in a general manner, we ask that you refrain from coming to Mass. There are many options of following the Sunday Mass on TV or online either with our parish or the many others who are still live-streaming for the benefit of those at home. The opportunity also exists as it has during the pandemic for people to contact me about receiving sacraments individually with myself, either confession, the Eucharist, or anointing of the sick.

That being said, our liturgies still continue to feel quite safe. Our capacity is currently 25 people, with the possibility to have another cohort of 25 in a separate part of the building (parish hall). 25 people in our church is really quite a small number when our actual capacity is normally 450+ so there is plenty of space. Weekday Mass also continues to be a good way to go to Mass with a lower number of others in attendance. In addition, sanitizer bottles abound, ministers are all conscious and aware of how to perform their duties while being safe for themselves and others, and we all encourage safe ways to be together for our primary purpose of worshipping God.

May God bless you all. Stay safe and warm!  
Fr. Brian Trueman

## Public Health Protocols in effect as of December 27, 2021

New restrictions for indoor faith-based gatherings are now limited to 25% capacity, or 25 people, whichever is lesser. Therefore, reservations for Sunday Mass are strongly recommended. Please see the following information regarding these updates.

### HOW TO MAKE RESERVATIONS FOR SUNDAY MASS:

- Reservations for Sunday Mass is strongly recommended. (Weekday Mass is first come, first seated.)
- Reservations go live on **Wednesday at 9 am before the upcoming weekend.**
- Please use this link: <https://rsvp.church/r/mRvh7Ock> to make your reservations, or go to our home page [st-timothy.ca](http://st-timothy.ca) and click on the blue "RSVP Church" button on the banner 
- If you do not use the internet, you may call the parish office at 204-949-3760 to make your reservation.

### CAPACITY & SEATING:

- For our parish, we have two separate cohorts with **separate entrances and exits.**
-  **A) 25 people in the nave (church) - enter and exit via the NORTH doors.**  
(Use the **north-side** parking lot.)
- B) 25 people in the parish hall - enter and exit via the SOUTH doors.**  
Use the **south-side** parking lot.)
- When you reserve on-line, please **note which part of the building you have reserved your seats - the church or the parish hall - and enter and exit the building accordingly.**
  - The small liturgical team does not count in the maximum 25 people in the nave (church).

### HEALTH MEASURES:

- Cohorts must not mingle, physical distancing between households is required and sanitizing protocols are still in place.
- Anyone who has even the slightest symptoms of sickness should remain home.
- Find your name on the contact tracing sheet and initial:
  - 1) that you have self-screened for Covid-19 and
  - 2) that you are not required to self-isolate due to travel or close contact with someone with Covid-19.
- Masks are mandatory in indoor public settings. (Exceptions to mask wearing: • a child who is under 5 years of age • a person with a medical condition that is unrelated to COVID-19, including breathing or cognitive difficulties, or a disability, that prevents them from safely wearing a mask)
- The presider, lector, and cantor need not wear a mask when reading, leading prayer, or singing. Masks must be worn at all other times.

### FURTHER DETAILS:

[https://www.archsaintboniface.ca/media/COVID-19-Diocesan-Communications/COVID-19\\_Final\\_Version\\_ENG\\_December\\_21\\_2021.pdf](https://www.archsaintboniface.ca/media/COVID-19-Diocesan-Communications/COVID-19_Final_Version_ENG_December_21_2021.pdf)  
and [https://manitoba.ca/asset\\_library/en/proactive/20212022/orders-soe-12272021.pdf](https://manitoba.ca/asset_library/en/proactive/20212022/orders-soe-12272021.pdf)

**Livestreamed Masses that are also recorded for later viewing:**

Saturday - 4 pm  
Sunday - 11 am  
Tues/Wed - 9:30 am

**How to view live-stream Mass: Go to [st-timothy.ca](http://st-timothy.ca)**

Click the "live stream" link by the Mass time you want to watch. You can also click the Facebook icon on the top of the home page and you will be directed to our Facebook page to watch live or recorded Masses.

**Meetings @ a Glance (all virtual)**

**Mondays at 7 pm**

*Fan into Flame*  
7:00 pm

**Tuesday, Jan. 11**

*Liturgy - 6:30 pm*  
&  
*Knights of Columbus*  
7:30 pm

**Wednesday, Jan. 12**

*Finance - 6:30 pm*

**Sat. Jan. 15**

*Symbolon Series*  
10 - 11:30 am

**Monday, Jan. 17**

*SSVP - 7:30 pm*

**Thursday, Jan. 20**

*PPC - 6:30 pm*

**Mass Intentions for January 8 - 16, 2022**

Sat., Jan. 8	4 pm	† Deceased members of the Maher & Gregoire families from Madeleine Maher
Sun., Jan. 9	9 am	† Jules Granger from Yvette & family
	11 am	Needs and Intentions of all parishioners from Fr. Brian Trueman
Tues., Jan. 11	9:30 am	† Cremilde da Silva from the Maia family
Wed., Jan. 12	9:30 am	† Deceased members of the Blerot & Cruywels families from Alfred & Marilyn Blerot
Thurs., Jan. 13	9:30 am	† Linda Donayre from Rick & Fidelina Pabuaya
Fri., Jan. 14	9:30 am	† Louise Cormier from Julie Senez
Sat., Jan. 15	4 pm	† Ed Choptuik from Margaret Spakowski
	9 am	Special Intention from the Coyne family
Sun., Jan. 16	11 am	Needs and Intentions of all parishioners from Fr. Brian Trueman



**Baptism of the Lord, January 9**

Is 40.1-5, 9 -11  
Ps 104  
Titus 2.11-14; 3.4-7  
Lk 3.15.15-16; 21-22

**2nd Sunday in Ordinary Time, January 16**

Is 62.1-5  
Ps 96  
1 Cor 12.4-11  
Jn 2.1-12



**Please remember in your prayers...**

† **Jose Santarem Jorge** of our parish, who passed away on December 29, 2021. Funeral Mass was Thursday, January 6. Our deepest condolences to his wife Ormezinda and family.

**(Small) Poinsettia Giveaway**

After this Sunday, we will be leaving the Christmas Season and entering Ordinary Time.

Our small but awesome AWE (Art in the Worship Environment ) Committee will be un-decorating the Christmas décor this Sunday afternoon and will be giving away the smaller poinsettias.

If you'd like one, you may pick up a poinsettia after the 11 am Mass this Sunday.



***Spend a HOLY HOUR in the Presence of our Lord***  
*Bring your bible, journal, rosary or just sit quietly in the True Presence of Jesus in the Eucharist*

**Adoration of the Blessed Sacrament & Benediction**

**Tuesdays after weekday Mass**

**&**

**First Fridays: Friday, January 7th from 7 - 8 pm**

***Reservations not required.***

The Exodus begins January 17th, 2022

# Live different.

Exodus offers a 90-day spiritual exercise for men that provides a path to freedom through prayer, asceticism and fraternity.

- ▶ Grow closer to God.
- ▶ Take control of your life.
- ▶ Become a better man.

Your Exodus starts here:  
Exodus90.com



**Contact: Garth Rowswell**  
**204-771-2564 or growswell@shaw.ca**

## EXODUS 90 – For Husbands, Fathers and Single Men - Begins January 17th, 2022

**What does it mean to live different?** It means you are able to be the man you want to be, the man your family and parish needs you to be, the man you were born to be. But, there's a harsh reality that many men today must face — we are not truly free. Having been raised in a society that promotes and even glorifies all sorts of vices, many of us are bound by addictions to binge-watching TV shows, over-working, materialism, alcohol, and, yes, even pornography.

More than 50,000 husbands, fathers, and single men have taken the journey of Exodus 90 since 2015. Bishops, priests, and laymen in over 65 countries across the globe have begun fraternities.

Through guided prayer, self-denial, and true brotherhood, Exodus 90 summons men back to the foundations of their faith, stripping them of worldly addictions and reinvigorating their devotion to Christ.

The Exodus begins January 17th, 2022. Attend the pre-Exodus 90 information and registration session on Saturday, January 15th, 2022.

**Contact Garth Rowswell at [growswell@shaw.ca](mailto:growswell@shaw.ca) or 204-771-2564.**

## From the “Companions in Grief” Team



### Grief Support Group begins in January 2022

The Parish of St Timothy Grief Ministry, will be offering a Grief Support Group starting January 25, 2022. This is a 10 week program for those grieving the loss of a loved one.

We will gather on Tuesday afternoons in the Parish from 1:30 - 3 pm, and use a book by Alan D Wolfelt Ph.D., called “Understanding Your Grief” and the companion journal. (It is from this book that we post many of our grief reflections in this space in the bulletin.)

As we gather, a small group of people, sharing our grief journey, we will offer and receive support from each other. (We require a minimum of 6 - 8 participants.)

If you are interested and would like more information please contact Marilyn Stewart at 204-257-4290 or Grace Grindean at the Parish Office at 204-949-3760 or [grace@st-timothy.ca](mailto:grace@st-timothy.ca).



**SYMBOLON**  
THE CATHOLIC FAITH EXPLAINED

Join “Beyond Arise” as we continue to watch, learn, discuss and pray together!

### Session 9: Mary & the Saints: Our Mother and the Communion of Saints

What do we think of Mary, the Mother of Jesus, and how does our relationship with her impact our relationship with her Son? What is the connection between our understanding of Mary and the rest of the saints? Why do we ask Mary and other “dead people” to pray for us? The answers to these questions serve to give us a framework for the Catholic Church's teachings on life after death and what we call “The Communion of the Saints.”

**Saturday, January 15 at 10 am via Zoom**

Contact Grace at [grace@st-timothy.ca](mailto:grace@st-timothy.ca) to learn more or to receive the Zoom link if you are new to join this group.

### A Message from the St. Timothy Parish Pastoral Council (PPC) - Blanket Exercise Postponed -

Due to the current conditions of the pandemic, the PPC feels it is most prudent to postpone the Blanket Exercise scheduled for Monday, January 17, 2022. We are gratified to see the number of parishioners that had already signed up. Moving forward with Truth and Reconciliation is the issue of our time, but health and safety at this time is also important. Please contact Alesa Sutherland or any other PPC member with other ideas on moving TR issues forward. You can reach Alesa at the PPC email: [ppcsttimothy@gmail.com](mailto:ppcsttimothy@gmail.com)

## Recent Offerings to our Parish

Date	Envelope Amount	Loose Cash	TOTAL
Dec 19/21	\$4,130.00 (55 env)	75.00	4,205.00
Dec. 25/21	6,414.00 (105 env)	97.00	6,511.00
Dec. 26/21	10,490.00 (61 env)	0.00	10,490.00

- Credit card donations (via the diocese) for December was \$3,860.00 (21 donors)
- Direct Debit for December was \$18,811.00 (221 donors)

*Thank you to all for your financial support in 2021.*

## STEWARDSHIP REFLECTION

### January 9, 2022 - The Baptism of Our Lord

“John answered them all, ‘I baptize you with water; but he who is mightier than I is coming... he will baptize you with the Holy Spirit...’” (LUKE 3:16)

The Catholic Catechism states that “Jesus’ immersion in the water is a sign for all human beings of the need to die to themselves to do God’s will.” In other words, as baptized Catholics there is only one gift that we need to give to Jesus – the gift of ourselves. Surrender yourself to God, place your trust in Him and allow the Holy Spirit to work through you for the greater glory of God.

### The 2022 Donation Envelopes are Ready for Pick Up!

You’ll find your box of donation envelopes in **alphabetical order** now moved near the catechism office windows in the narthex.

**Do you donate by Direct Debit?** You will find a box of donation envelopes with your name as well as your donation number. Please write your name and envelope number on each envelope that you use so that your account is credited correctly.



## Fan into Flame ON-LINE PRAYER GROUP

**Monday Evenings at 7 pm** Contact  
Marcie at [gmkosman@gmail.com](mailto:gmkosman@gmail.com)  
for the Zoom link or call 204-801-6040

## WEEKLY MARRIAGE TIP

“For where two or three are gathered together in my name, there am I in the midst of them.” (Mt 18:7) Did you gather in Jesus’ name today? Then believe that Jesus is with you in your marriage.

### A Workshop Series for Couples Based on Gottman’s 7 Principles for Making Marriage Work Starts February 2022

Take some time for your relationship in the New Year! Join us for a series for couples based on leading relationship expert John Gottman’s book: 7 Principles for Making Marriage Work. You’ll learn new ways to build & maintain intimacy in your marriage, as well as practical tips for effective communication and navigating conflict. This series will take place on Tuesdays beginning in February, with online AND in person options available (with respect of COVID protocols). More details to come! For more info or to save your spot, please contact Sophie at the Marriage, Family and Life Office of the Archdiocese of Saint Boniface: [mfl@archsaintboniface.ca](mailto:mfl@archsaintboniface.ca).

**Seven Week Life in the Spirit Online Seminar – Starts January 23, 2022** The Catholic Charismatic Renewal Services of Manitoba will be running a seven-week Life in the Spirit seminar on Sundays from January 23 to March 6, 2022. You can visit us at [catholicrenewalservices.com](http://catholicrenewalservices.com) to find more details/information or complete the form [here](#).



### Nourish” Support Program for Caregivers – Starts January 17, 2022

Are you a caregiver that needs personal support? Nourish is a program designed to address the most important and commonly reported needs of family caregivers. Nourish for Caregivers content has been developed using a methodology built using evidence and insights and grounded in the Christian faith. Twelve 1.5-hour sessions (1 per month) that include: a topic (ex: stress), session overview, facilitating discussion and reflection, small group activity, sharing, and closing with prayer and intentions. A virtual session is starting on Monday, January 17, 2022 This program is Free but a donation is appreciated. For more info and to participate Julie Turenne-Maynard 204-771-5585 [jtmaynard@cham.mb.ca](mailto:jtmaynard@cham.mb.ca) or view the poster by clicking [here](#).

### Employment Opportunities – Bilingual Receptionist

The Archdiocese of St. Boniface is currently looking for an experienced bilingual receptionist for its Diocesan Centre. This is a full-time position. Please send your resume, along with three references including one from your pastor, as soon as possible to Gisèle Gratton, Financial Administrator, at: [job@archsaintboniface.ca](mailto:job@archsaintboniface.ca). Thank you for your application, but only those candidates selected for an interview will be contacted.

## Annual Epiphany HOME BLESSING with Chalk



Fr. Brian blessed chalk on the Feast of the Epiphany so that we may mark and bless our homes in the new year! You can pick up the chalk and prayer after Mass on the weekends or stop by the church during office hours. If you still have blessed chalk at home from previous years, you may use that chalk and the prayer suggestion on this page to bless your home.

### What is the Home Blessing with Chalk?

Catholics marking their homes with chalk for the Epiphany is a tradition that dates back centuries, signifying their homes are homes where Christ lives.

With the blessing of the chalk, we are asking the Lord to bless our home, all inhabitants of our home as well as any guests who may pass through our door throughout the year.

The chalking of the door is a small way that we can proclaim Christ in the world, a sign to all that this home is a home for Christ. It is an outward sign of our Christian faith and it may provide us with opportunities to speak to others about Christ and His church. As we go in and out daily, let these symbols be a reminder that we belong to Christ. As the Magi welcomed Jesus may we strive to be welcoming to all who visit our home.

### Epiphany HOME BLESSING Prayer

Using the blessed chalk, write on the outside of your home, above or next to the entrance:

**20 + C + M + B + 22**

**20** and **22** for the year,  
**+** represents the cross,  
**C, M, B** for the magi  
(Casper, Melchior and Balthasar)  
and also for *Christus Mansionem Benedictat*  
(Latin for “May Christ Bless this House”)

You are encouraged to invite everyone in your household to participate in writing the year and letters.

With this prayer let us invite Jesus to be a guest in our home, a listener to each conversation, a guide in troubled times and a blessing in times of thanksgiving. Pray together:

*May we all be seekers  
and signs of Christ*

*May God bless you in abundance  
with peace, joy and hope in the New Year.*

*St. Timothy Marriage, Family & Life Team*

God of heaven and earth,  
You revealed your only-begotten Son  
to every nation by the guidance of a star.  
Bless this house and all who inhabit it.  
Fill us with the light of Christ,  
that our concerns for others  
may reflect your love.  
May all who come to our home this year  
rejoice to find Christ living among us.  
May we seek and serve,  
in everyone we meet,  
that same Jesus  
who is your incarnate Word.  
May we be blessed with  
health, goodness of heart, gentleness,  
and abiding in your will.  
We ask this through Christ our Saviour.

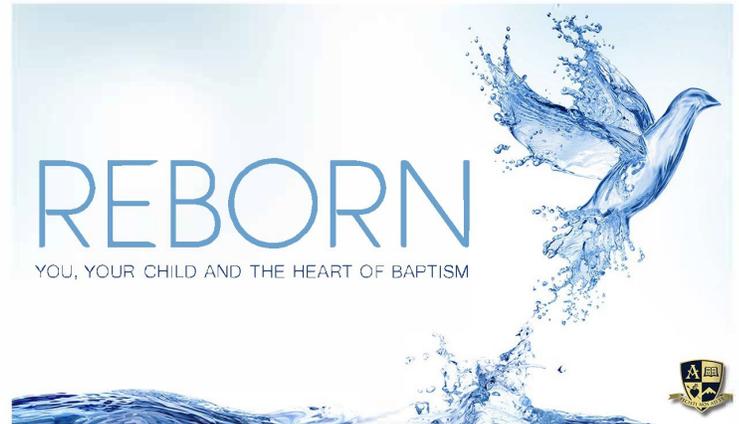
Amen.

January 9, 2022

WATCH

### REBORN - EPISODE 1: A NEW CREATION

This week, as we contemplate Jesus' Baptism, dive into the mystery of the Sacrament of Baptism! Through our Reborn series, you will come to understand the deeper meaning behind your Baptism!



### LECTIO: MARK, EPISODE 2: PREPARE THE WAY OF THE LORD

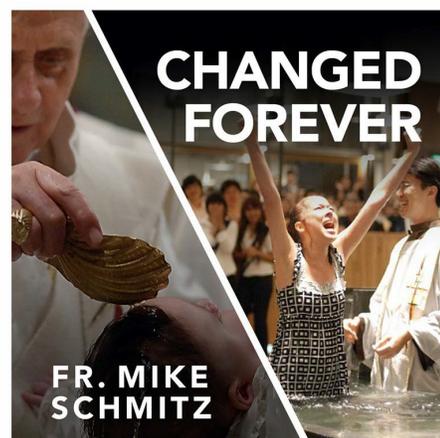
Jesus couldn't have been baptized without a baptizer. Join Dr. Tim Gray as he explains the opening verses of Mark's Gospel that depict the ministry of John the Baptist – the man who would baptize Jesus.

LEARN

LISTEN

### CHANGED FOREVER: THE SACRAMENT OF BAPTISM BY FR. MIKE SCHMITZ

Renowned Catholic speaker and priest, Fr. Mike Schmitz, explores the beautiful gift of the Sacrament of Baptism. In this talk, Fr. Mike provides a wonderful presentation on the waters that give new life!



Our parish has a FORMED subscription.  
To set up your free account visit [formed.org/signup](https://formed.org/signup) and select our parish.