

The Roman Catholic
Parish of St. Timothy

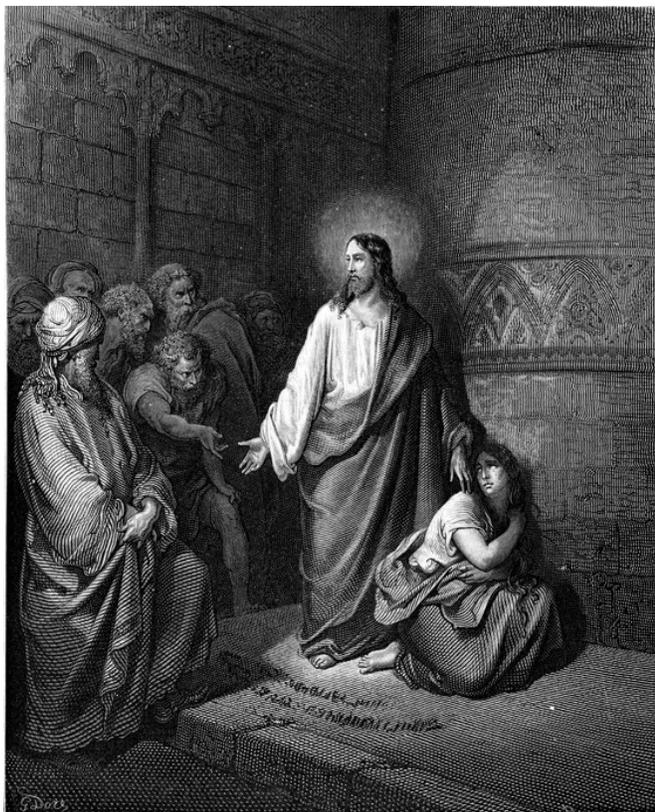
Archdiocese of St. Boniface
135 John Forsyth Road Winnipeg Manitoba R2N 1R3

204-949-3760 info@st-timothy.ca
website: st-timothy.ca

St. Timothy is a contemporary Roman Catholic parish called to "fan into flame the gifts God has given us" (2 Tim 1.6-7) so together ALL encounter and share the Living Christ.

Our vision is to be a life-giving community committed to welcome, to worship, to grow, and to serve.

April 3, 2022
Fifth Sunday of Lent



Sacrament of Reconciliation (Confession): Before Mass, or you may make an appointment by contacting Fr. Brian at 204-949-3769 or fr.brian@st-timothy.ca

Sacrament of the Anointing of the Sick: By individual appointment. Contact Fr. Brian or the parish office.

Baptisms: Contact the parish office three months in advance.

Weddings: Contact the parish office one year in advance.

LORD'S DAY:

Saturday at 4 pm*

Sunday at 9 am & 11 am*

*livestreamed Masses

WEEKDAY MASS:

Tuesday - Friday at 9:30 am*

*Tuesday & Wednesday Masses are livestreamed

Parish Office Hours:

Tuesday, Wednesday & Thursday:

9 am - 5 pm (closed noon - 1 pm)

Pastor: Fr. Brian Trueman
Fr.Brian@st-timothy.ca / 204-949-3769

Parish Coordinator: Grace Grindean
Grace@st-timothy.ca / 204-949-3760

Database Coordinator: Nicole Nicholson
Nicole@st-timothy.ca / 204-949-3760

Parish Accountant: Diane L'Arrivee
Diane@st-timothy.ca / 204-949-3768

Coordinator of Religious Education:
Michelle Coyne
Michelle@st-timothy.ca / 204-949-3764

Safe Environment Officer:
Maria Castellano / Maria@st-timothy.ca

Custodian: Ignatius Zinowko
custodian@st-timothy.ca / 204-949-3760

Liturgy Committee: liturgy@st-timothy.ca

Society of St. Vincent de Paul:
ssvpwinnipeg@gmail.com

Refugee Ministry:
st.timothyrefugeeministry@gmail.com

Bulletin:
Submit church-related announcements to Grace (bulletin@st-timothy.ca)

Find us on:



Coming Up at a glance

Mondays at 7 pm

*Life in the Spirit Seminar
7 Mondays - Parish Hall*

Tuesdays after weekday Mass

*Adoration of the
Blessed Sacrament
& Benediction*

Wednesdays at 10:15 am and Thursdays at 7 pm

*Video Presentation
The Creed - Parish Hall*

Fridays in Lent

*Stations of the Cross
7:00 pm*

Sunday, April 3

*In-person Synod
after the 11 am Mass
EVERYONE
WELCOME!*

Tuesday, April 5

*K of C - 7 pm
in-person in the parish
hall and virtual*

Monday, April 11 & 25

*SSVP - 7:30 pm
library & virtual*

**Livestreamed
Masses that are also
recorded for later
viewing:**

Saturday - 4 pm
Sunday - 11 am
Tues/Wed - 9:30 am

Mass Intentions for April 2 - 10, 2022

Sat., April 2	4:00 pm	In thanksgiving for many blessings from Gerri Lazinski
Sun., April 3	9:00 am	Needs & Intentions of all parishioners from Fr. Brian Trueman
	11:00 am	† Victor Oranu from family
Tues., April 5	9:30 am	† Patricia Bouchard from George Bouchard
Wed., April 6	9:30 am	† Abel Manalo from the Bacani family
Thurs., April 7	9:30 am	Special Intention from Ron & Raymonde Desrochers
Fri., April 8	9:30 am	† Eleuteria Calungsod from Rick & Fidelina Pabuaya
Sat., April 9	4:00 pm	† Leo Mager from Michelle Fischer & Mary-Lou Pelletier
Sun., April 10	9:00 am	Needs & Intentions of all parishioners from Fr. Brian Trueman
	11:00 am	Special Intention from Ron & Raymonde Desrochers

Upcoming Sunday Readings:

Fifth Sunday of Lent, April 3:

Is 43.16-21; Ps 126;
Phil 3.8-14; Jn 8.1-11

Passion (Palm) Sunday:

Is 50.4-7; Ps 22;
Phil 2.6-11; Lk 22.14-23.56

St Timothy Year of Service Prayer



Jesus our Saviour,
you lived here on earth,
showing us how to be perfect servants
of God and others.
Help us to use our talents and gifts to serve,
so everyone can experience
your love and kindness through us.
Give us a loving and generous heart to serve,
especially those most in need.
In Jesus' name we pray and believe.
Amen.

A clarification on the lifting of the general dispensation from Sunday Mass: The lifting of the general dispensation marks a return to normal liturgical practice, with the obligation to attend Sunday Mass. Our desire, in doing so, is to foster a renewed sense of community in our parishes by encouraging the faithful to return to church in person. However, this is made while assuring a spirit of safety, security and a respect for the physical or emotional well-being of people. If, therefore, for reasons of personal health or emotional well-being a parishioner is not ready to return to attending Mass in person, that person should not feel obligated to do so. To read the clarification from the diocese in its entirety, click [here](#).

Sunday Obligation- Part 4: Sunday Mass and the Eucharist

Last week, I concluded with one of the paragraphs from the Catechism which declares that the public celebration of worship on Sunday corresponds to the “moral commandment inscribed by nature in the human heart” (CCC 2176). As we looked at in Genesis, long before God revealed himself to the Israelites on Mount Sinai and gave them the Ten Commandments, the need to worship God, honour him, and to rest was inscribed in the human heart and into the fabric of all creation itself from the very beginning. So we can say that even on an instinctual, natural level, that something is amiss when we have not spent time with the one who made us. Perhaps you’ve felt that as well.

We speak of the Sunday obligation and Mass, but the way we really should see it is as an obligation to God. Perhaps you’ve heard the older expression, “Much obliged”, when someone has done something for another, which is an expression of gratitude. The language of “obliged” is linked to being indebted to another for some kindness or charity, and so there is an exchange, at least in word. The same is our worship of God, to whom we are “much obliged”, not only for the gift of creation and of natural life, but also of eternal life and salvation. In our need to give thanks to God for all this, we do so publicly, and witness to others for what God has done. Almost all of the Eucharistic prayers begin with this significant phrase: “Let us give thanks to the Lord our God. It is right and just. It is truly right and just, our duty and our salvation, always and everywhere to give you thanks, Lord, holy Father, almighty and eternal God, through Christ our Lord.”

Since we’ve looked at the Ten Commandments before in relation to Sunday Mass, I thought it would also be good to look at the Five Precepts of the Church. These precepts constitute the bare minimum of what it means to be Catholic, like the Ten Commandments, which means we should do at least these, but strive for more. The Five Precepts are as follows:

1. Attendance at Mass on Sundays and Holy Days of Obligation
2. Confession of serious sin at least once a year
3. Reception of Holy Communion at least once a year during the Easter season
4. Observance of the days of fast and abstinence
5. Providing for the needs of the Church

Regarding the first precept, the Catechism paragraph 2180 explains: “The precept of the Church specifies the law of the Lord more precisely: "On Sundays and other holy days of obligation the faithful are bound to participate in the Mass." "The precept of participating in the Mass is satisfied by assistance at a Mass which is celebrated anywhere in a Catholic rite either on the holy day or on the evening of the preceding day." While we are bound to attend Mass every Sunday, notice that we are not bound to receive Holy Communion every week. Receiving Holy Communion is an option that should be discerned as individuals each time according to our spiritual state and disposition.

We might ask where the Church gets the authority herself to bind Catholics with the “Sunday obligation”. The answer is found in Jesus himself again, who gives his own authority to his apostles and to those that came after: “Truly I tell you, whatever you bind on earth will be bound in heaven, and whatever you loose on earth will be loosed in heaven” (Matt 18:18). To bind means to make required, and to loose is to permit. This authority was not only given to Peter, but also to the rest of the apostles and through them, to their successors.



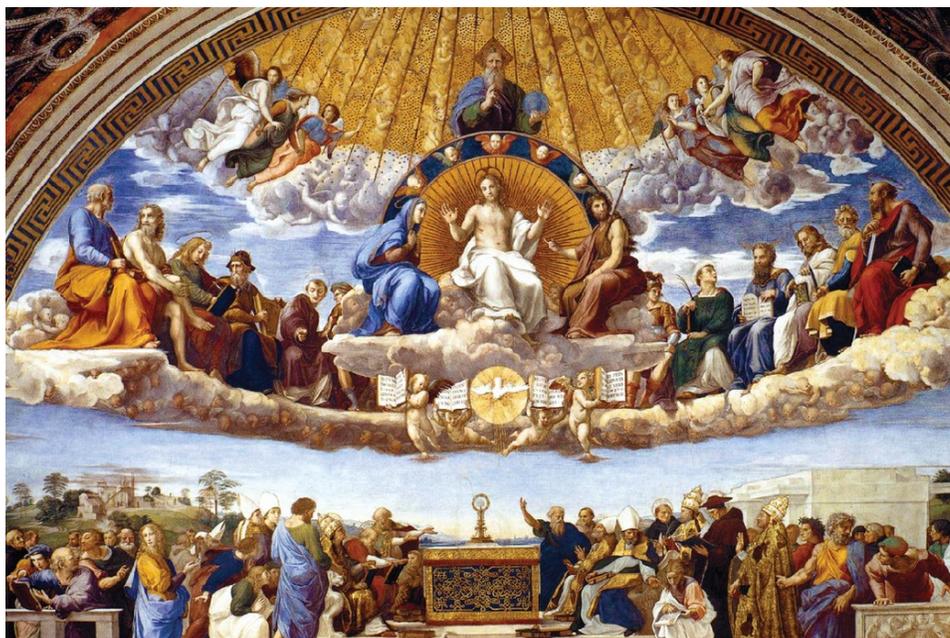
Once again, what is the importance of Sunday Mass? “The Sunday Eucharist is the *foundation* and confirmation of all Christian practice” (CCC 2181). The reason it is the foundation flows from Jesus’ own words: “Very truly, I tell you, unless you eat the flesh of the Son of Man and drink his blood, you have no life in you. Those who eat my flesh and drink my blood have eternal life, and I will raise them up on the last day; for my flesh is true food and my blood is true drink. Those who eat my flesh and drink my blood abide in me, and I in them” (Jn 6:53-56).

Mass is vital to our lives on a regular basis because of the Eucharist. The Eucharist is the Real Presence of Jesus the Lord himself, not merely symbolic. Therefore to remain and abide in Jesus, we must eat. If we have no food in the natural order, we become weak and will eventually die; the same is true in the spiritual order. Receiving the Eucharist, when we can, at least weekly at minimum, but even daily if possible will help us to grow in every way. There are 168 hours in a week; is even one too much for God?

To conclude, I’d like to share a particularly powerful reflection from St. John Paul II’s Apostolic Letter, titled *Dies Domini* (Day of the Lord). It’s a very good letter I recommend for extra reading on the importance of Sunday and the many challenges we face in keeping the day holy. To better illustrate how ancient and strong the impulse to attend Mass on Sunday was for Christians, he shares a story of those who faced tremendous persecution in their own time.

May God bless your Sunday!
Fr. Brian Trueman

“In his first Apology addressed to the Emperor Antoninus and the Senate, Saint Justin proudly described the Christian practice of the Sunday assembly, which gathered in one place Christians from both the city and the countryside. When, during the persecution of Diocletian, their assemblies were banned with the greatest severity, many were courageous enough to defy the imperial decree and accepted death rather than miss the Sunday Eucharist. This was the case of the martyrs of Abitina, in Proconsular Africa, who replied to their accusers: "Without fear of any kind we have celebrated the Lord's Supper, because it cannot be missed; that is our law"; "We cannot live without the Lord's Supper". As she confessed her faith, one of the martyrs said: "Yes, I went to the assembly and I celebrated the Lord's Supper with my brothers and sisters, because I am a Christian".”- *Dies Domini* by John Paul II, par. 46





JOIN US
for our
IN-PERSON
SYNOD!

**Sunday, April 3 after the
11 am Mass (at 12:15 pm)**

Please RSVP for this event here:
rsvp.church/r/mRvh7Ock (or just show up!)

A light lunch will be offered
Everyone is invited to attend!

**As a reminder, here are some questions we will
be discussing:**

Listening: In our parish, how is God speaking to us? In our parish, what enables us to listen to one another, including the voices of those who suffer?

Speaking Out and Companions on the Journey: In our parish, what hinders parishioners and those who suffer from speaking openly and being accompanied on their respective journeys?

Dialogue in the Church and Society: Through the parish's PPC, committees, and groups, how do we dialogue and learn from other sectors of society? (e.g., government and other religions)

Co-Responsible in the Mission: Since we are all missionary disciples, every baptized person is called to participate in the mission of the Church. What hinders the baptized from being active in mission? What areas of mission are we neglecting?

Our responses will be combined with other parishes by the Archdiocese. The feedback will be organized under common themes, new perspectives, and points of view that resonated strongly.



KAIROS BLANKET EXERCISE

Saturday, April 23, 2022

**9:30 am – 1 pm
in the Parish Hall**

As part of our parish's participation in the work of Truth and Reconciliation, our Parish Pastoral Council (PPC) and Fr. Brian Trueman are inviting you, in partnership with Development and Peace – Caritas Canada, to the KAIROS Blanket Exercise, to learn more about the history of colonisation of Indigenous peoples in Canada and the role of the Church and government, and the resilience of the Indigenous peoples of Turtle Island. Led by an Indigenous elder, this simulation will allow non-indigenous participants to put themselves in the place of First Nations, Inuit and Métis peoples and the consequences that these peoples have suffered due to colonisation. The goal of this exercise is to allow participants to learn and to develop a deeper engagement in Reconciliation.

To learn more about the KAIROS blanket Exercise, please view the video here: [Welcome to the KAIROS Blanket Exercise \(2:54\) - YouTube](#) or type in the YouTube search bar.

The KAIROS Blanket Exercise will take place in our parish hall **on Saturday, April 23 from 9:30 am - 1 pm** There is **NO CHARGE** to participate. The KAIROS Blanket Exercise is open to anyone 16 years and older. maximum number of participants for this will be 50 with a minimum of 30 needed for the KAIROS Blanket Exercise. Light refreshments will be served.

We are taking reservations for the event via our RSVP Church website system: <https://rsvp.church/r/mRvh7Ock> or call the parish office at 204-949-3760. **Please reserve no later than Thursday, April 21. Register soon as space is limited.**

Help requested - SOUNDBOARD OPERATORS and CHOIR MEMBERS

We are looking for more Soundboard operators for our Sunday Masses (4 pm, 9 am & 11 am).

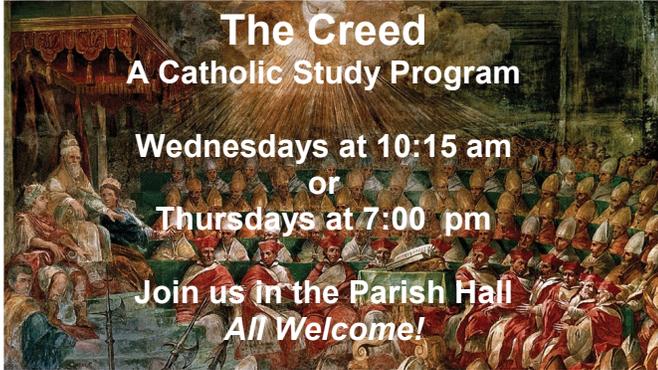
No music or technical experience is necessary. We'll provide on-the job training at Mass and a training session outside of Mass.

You can be scheduled once a month or more frequently, whatever works for your schedule.

Come share your talents in this behind-the-scenes ministry. Contact Grace at the parish office to learn more at grace@st-timothy.ca or 204-949-3760.

Hello fellow parishioners!

As things have returned to a more normal status in the church, we are looking to re-establish a choir for the **Saturday 4 pm Mass**. We are looking for singers and musicians like guitar players or the like. We practice on Mondays in the church, either in the afternoons or evenings, depending on work schedules. If you have heard the call of God and would like to use your talent to enhance the Mass, please contact me anytime or speak with me after Mass. All you need is to be willing! You can reach me, Cindy Ritchot, at 204-269-0205 or email fern507@hotmail.com. Looking forward to building a vibrant music ministry with you!



Dive deeper into our faith as Bishop Robert Barron guides viewers into the depths of the Nicene Creed.

The 4th session, *He Suffered Death*, will take place Wednesday, April 6 at 10:15 am and Thursday, April 7 at 7 pm - choose the date that works best for you! A most appropriate session as we prepare for Holy Week. Everyone welcome!

April 3 – Solidarity Sunday
This Lent, give from the heart



This Solidarity Sunday, Development and Peace's *People and Planet First* campaign invites you to give from the heart and thanks you warmly for your generosity.

Your donation transforms the lives of some of our most vulnerable sisters and brothers across the world.

In Cambodia, for instance, your solidarity helped our partner DPA establish a community fishery in Srey Packly's village. She said, "Thank you very much to DPA and to the donors for supporting my family and fellow villagers to have fresh and healthy fish to eat and to improve our livelihoods."

Such is the difference you can make by giving to your Share Lent parish collection or at devp.org/give. Thank you for helping us build a world of justice.

If you don't have a Development & Peace envelope, extra envelopes are found by the parish office. Please make cheques payable to the Parish of St. Timothy and we will send one cheque for the total amount collected.

Holy Week Schedule - 2022

Weekday 9:30 am Mass on Tuesday & Wednesday only during Holy Week

Tuesday of Holy Week, April 12

· *Chrim Mass - 7:30 pm*
at the St. Boniface Cathedral

Holy Thursday, April 14

· *Mass of the Lord's Supper - 7:30 pm*
Reposition & Adoration of the Blessed Sacrament until Midnight

Good Friday, April 15

· *Celebration of the Passion of the Lord*
12 noon & 3 pm

Silent Carrying of the Cross - details to come

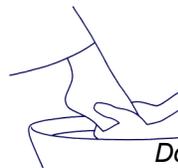
Holy Saturday, April 16

Blessing of Easter Food - 1:30 pm

· *Easter Vigil - 9:00 pm*

Resurrection of the Lord - Easter Sunday, April 17

· *Mass at 9 am & 11 am*



**FOOT WASHING at the
MASS OF THE LORD'S SUPPER
Thursday, April 14 at 7:30 pm**

*Do you know what I have done to you?...
So if I, our Lord and Teacher, have
washed your feet, you also ought to wash one
another's feet. For I have set you an example that you
also should do as I have done to you" (Jn 13.12-15)*

**Would you like to be part of the Foot Washing Rite
on Holy Thursday by having your foot washed?**

Young – "young-at-heart" – all ages – parent and child – singles – we'd like representatives of all people from our parish to participate. No experience necessary! Sign up sheet is on the long table near the north doors. **We will contact you to confirm your spot.**

The only requirement is to please arrive at Mass by 7:10 pm and "check-in" with the Sacristy Minister(s) when you arrive. Thank you!

REFUGEE MINISTRY - Getting closer to our families arriving!

*“For I was hungry, and you fed me. I was thirsty, and you gave me a drink.
I was a stranger and you invited me into your home”*



Here is our family's latest photo!

All has been relatively quiet as far as sponsorship appeals on behalf of our newest refugee family but we have just received some good news. Khaled (brother to Sabah from the family we sponsored in 2015), his wife Rawa and 4 beautiful children have gone for their medical appointments on the 22nd of March. That is the last step before being handed tickets for the "New World".

At this time of horrific conflict in Eastern Europe, we are reminded once again of how lucky we are to be Canadians. As much as we would like to sponsor Ukrainian families, we have a responsibility to the ones we have already requested. We now have the opportunity to bring one more family (and a husband/wife pending) to Winnipeg. We have been in touch already through Facebook and they are SO VERY anxious to meet you all so they can thank you for the gift of sponsorship in person. **However, we are still short approximately \$25,000.** So we are making an appeal to you to help bring them "home".

Please earmark your money for the Refugee Fund as their entry into Canada may be sooner than we expected. **Refugee Donation envelopes are by the parish office.** Please make cheques payable to "Parish of St. Timothy". Thank you.

The Refugee Committee

This Lent Help Feed the Poorest of the Poor in Winnipeg

Thanks so much to everyone for your wonderful response to our request for food in support of Agape Table (agapetable.ca)! Our goal is to help feed 500 men, women and children with contributions of food, sandwich filling and servers. **This weekend will be your last opportunity to drop off granola bars, juice boxes, pudding cups and fruit cups in our SSVP food crate at the entrance to the church.** We are truly grateful to you all for your wonderful generosity. God bless you all.



A Request from SSVP

Food delivery to the hunger continues.

Most needed food items:

- Pasta
- Pasta sauce
- Peanut butter
- Canned vegetables
- Pork and beans
- Cereal
- Canned tuna or salmon
- Canned lunch meat
- Mac and cheese
- Canned pasta



PRAY FAST GIVE

From a sermon by Saint Peter Chrysologus, bishop

Prayer knocks, fasting obtains, mercy receives

There are three things, my brethren, by which faith stands firm, devotion remains constant, and virtue endures. They are prayer, fasting and mercy. Prayer knocks at the door, fasting obtains, mercy receives. Prayer, mercy and fasting: these three are one, and they give life to each other.

Fasting is the soul of prayer, mercy is the lifeblood of fasting. Let no one try to separate them; they cannot be separated. If you have only one of them or not all together, you have nothing. So if you pray, fast; if you fast, show mercy; if you want your petition to be heard, hear the petition of others. If you do not close your ear to others you open God's ear to yourself.

When you fast, see the fasting of others. If you want God to know that you are hungry, know that another is hungry. If you hope for mercy, show mercy. If you look for kindness, show kindness. If you want to receive, give. If you ask for yourself what you deny to others, your asking is a mockery.

Recent Offerings to our Parish

Date	Envelope Amount	Loose Cash	TOTAL
March 27	\$3054.00 (70 env)	\$75.00	\$3,129.00

STEWARDSHIP REFLECTION

April 3, 2022 - 5th Sunday of Lent

"...For his sake I have accepted the loss of all things and I consider them so much rubbish, that I may gain Christ..." (PHILIPPIANS 3:8)

The first commandment says that we should not put other gods before the Lord. Sharing all of our gifts - our time in prayer, our talent in charitable works and our treasure to support the Church helps us keep God first in everything. It helps us from putting other gods before God. It helps us from becoming a slave to our possessions. It helps us to use our gifts for the glory of God and not for the glory of ourselves.

Emergency Relief for UKRAINE



If you'd like to help Ukraine with a monetary donation, here are a few options:

Development and Peace - Caritas Canada has established a fund consecrated specifically to relief for the current war in Ukraine:

Online: To send your donation quickly by credit card, Click [here](#) or go to [devp.org](#) and follow the links.

Cheque: You may also write a cheque payable to the Parish of St. Timothy and indicate UKRAINE in the memo line, or use one of the specially marked D&P - UKRAINE envelopes found by the parish office. We will write one cheque for the total amount to D&P for emergency help for Ukraine.

Join the Journey – Spiritual Care Series – Starts April 5, 2022 If you are interested or know of someone who would benefit the Body, Mind & Spirit 8-week spiritual care program that is suited for those who work in long term care, are volunteering to support the elderly, or who have family members that are elderly or need caregiving, please register at your earliest convenience. Tuesdays at 1 pm or Wednesdays at 6 pm starting April 5th. See the poster on the bulletin board or click [here](#). For more information, please contact Julie Turenne-Maynard at 204-771-5585 or email jtmaynard@cham.mb.ca.

WEEKLY MARRIAGE TIP

What was the last thing you discovered about your spouse? Let them know that he/she is a wonder to love.

From the "Companions in Grief" Team

"Grief is like a long valley, a winding valley where any bend may reveal a totally new landscape."

— C.S. Lewis, *A Grief Observed*

LOOKING FOR A GENTLY USED SOFA

We are looking for a gently used sofa for a newcomer family. If you have one to donate, please contact the refugee committee either by email at st.timothyrefugeeministry@gmail.com or you can call Dan or Lorraine at 204-253-8908. Thank you

We are hoping to begin updating our parish's website and could use your help!



One of the things we are in need of is **higher resolution photos** that capture the beauty of our church and its community. These higher resolution photos would replace older ones we have that are just not as adequate

for the demands of modern websites and technology, and could be used for other means of communication from the parish.

We are certain we have a parishioner or two who loves photography and has the equipment necessary to make it happen. If you interested and willing to help us, contact the parish office at 204-949-3760.

Sara Riel's Warm Line - 204-942-9276

Sara Riel's Warm Line With over 29,000 calls received since April 1st, 2020, the Sara Riel Warm Line helps people who are experiencing mental health, substance use or addiction challenges and who want to embrace their full potential. If you are experiencing anxiety or fear, loneliness or isolation, family or relationship stress, anger or frustration, medical or health concerns, call us at 204-942-9276.

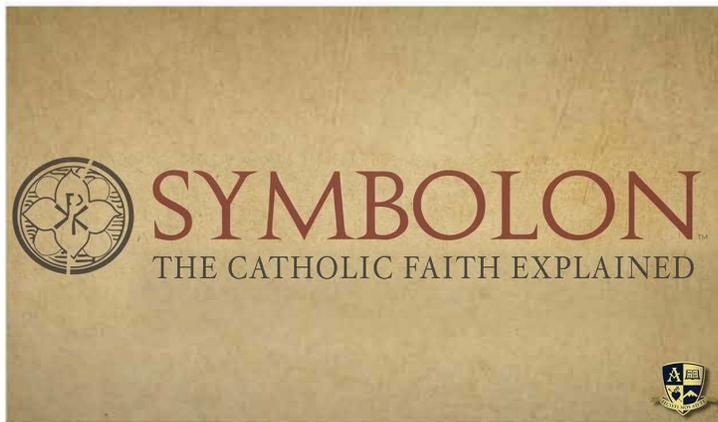
To learn more about the services at Sara Riel, go to sarariel.ca

April 3, 2022

WATCH

SYMBOLON - SESSION 6 THE PASCHAL MYSTERY: THE MYSTERY OF JESUS' DEATH AND RESURRECTION

Through Jesus's Death on the Cross, God reveals himself most profoundly as the God who is Love. In this episode of the Symbolon series, see how Christ's sacrificial love saves us from sin and shows us the pathway to true human happiness.



FORMED NOW: EVANGELIZING MILLENNIALS

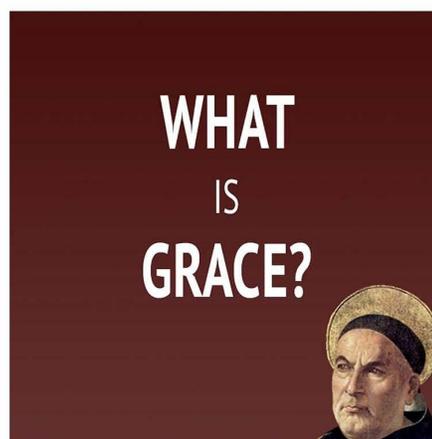
After his Resurrection, Christ told his disciples to "go into all the world and preach the gospel to the whole creation" (Mk 16:15). To continue this evangelical work today, we have to adapt to diverse audiences. In this series, Dr. Ben Akers and Taylor Kemp sit down to discuss how to reach one of those audiences—millennials.

LEARN

LISTEN

PINTS WITH AQUINAS: WHAT IS GRACE? WITH MICHAEL GORMLEY

As Catholics we believe that grace allows us to participate in the life of God. In this episode of Pints with Aquinas, Matt Fradd sits down with Michael Gormley to discuss what this means in our daily lives.



Our parish has a FORMED subscription.
To set up your free account visit formed.org/signup and select our parish.