

The Roman Catholic
Parish of St. Timothy

Archdiocese of St. Boniface
135 John Forsyth Road Winnipeg Manitoba R2N 1R3

204-949-3760 info@st-timothy.ca
website: st-timothy.ca

St. Timothy is a contemporary Roman Catholic parish called to "fan into flame the gifts God has given us" (2 Tim 1.6-7) so together ALL encounter and share the Living Christ.

Our vision is to be a life-giving community committed to welcome, to worship, to grow, and to serve.

Bulletin for July 3, 10 & 17, 2022



*Visit our peaceful & colourful flower gardens this summer!
Thank you to our dedicated Garden Care Ministry Team
for all your beautiful work!*

Sacrament of Reconciliation (Confession): Before Mass, or you may make an appointment by contacting Fr. Brian at 204-949-3769 or fr.brian@st-timothy.ca

Sacrament of the Anointing of the Sick: By individual appointment. Contact Fr. Brian or the parish office.

Baptisms: Contact the parish office three months in advance.

Weddings: Contact the parish office one year in advance.

Mass Schedule

LORD'S DAY:

Saturday at 4 pm*

**livestreamed Mass*

Sunday at 9 am & 11 am

WEEKDAY MASS:

Tuesday - Friday at 9:30 am

(check the bulletin regularly for cancelled weekday Masses this summer)

Sumer Parish Office Hours:

Tuesday, Wednesday & Thursday:
9 am - 3 pm (closed noon - 1 pm)

Pastor: Fr. Brian Trueman
Fr.Brian@st-timothy.ca / 204-949-3769

Parish Coordinator: Grace Grindean
Grace@st-timothy.ca / 204-949-3760

Database Coordinator: Nicole Nicholson
Nicole@st-timothy.ca / 204-949-3760

Parish Accountant: Diane L'Arrivee
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Michelle Coyne
Michelle@st-timothy.ca / 204-949-3764

Pastoral Care & Safe Environment Officer:
Maria Castellano / Maria@st-timothy.ca

Custodian: Ignatius Zinowko
custodian@st-timothy.ca / 204-949-3760

Parish Pastoral Council:
ppcsttimothy@gmail.com

Society of St. Vincent de Paul:
ssvpwinnipeg@gmail.com

Refugee Ministry:
st.timothyrefugeeministry@gmail.com

Bulletin:
Submit church-related announcements to Grace (bulletin@st-timothy.ca)

Find us on:



Coming Up at a glance

Mondays at 7 pm

*Fan into Flame
Prayer Group
Parish Hall - 7 pm
(Except no gathering
on July 4)*

Tuesdays after weekday Mass

*Adoration of the
Blessed Sacrament
& Benediction
(No Adoration July 5)*

Friday, July 1

*First Friday
Adoration of the
Blessed Sacrament
& Benediction
7 - 8 pm*



Spend an hour in the presence of Jesus in the Holy Eucharist, giving thanks, reading the bible, reciting your favourite prayers, or just "be" with Jesus. Confession is also available during this holy hour.

Mass Intentions for July 2 - 24, 2022

Sat., July 2	4:00 pm	† Raymonde Pelletier from Yvonne & Philippe Pelletier
Sun., July 3	9:00 am	Needs & intentions of all parishioners from Fr. Brian Trueman
	11:00 am	For our 35th Wedding Anniversary from Teresita & Anthony Chiarella

No Weekday Mass July 5 - 8. Fr. Brian is on vacation

Sat., July 9	4:00 pm	† Mary Martin from Dave & family
Sun., July 10	9:00 am	† Laureen Nelson from Julie Senez
	11:00 am	Needs & intentions of all parishioners from Fr. Brian Trueman
Tues., July 12	9:30 am	† Albert Decruyenaere from Bert & Marilyn De Leeuw
Wed., July 13	9:30 am	† Jose Jorge from Roger & Belita Sanders
Thurs. July 14	9:30 am	Special intention from Linda & Joel Bouchard
Fri., July 15	9:30 am	Special intention from Grace Grindean
Sat., July 16	4:00 pm	† George & Lucille Tough from Chris Tough
Sun., July 17	9:00 am	Needs & intentions of all parishioners from Fr. Brian Trueman
	11:00 am	† Sylvester & Alojzia Bielik & deceased family members from Josie & Phil Landry
Tues., July 19	9:30 am	† Etienne & Reynold Grenier from Doreen Grenier
Wed., July 20	9:30 am	† Walter Teodoro from the Maia family
Thurs. July 21	9:30 am	† Victor Oranu from family
Fri., July 22	9:30 am	† Rob De Leeuw from Bert & Marilyn De Leeuw
Sat., July 23	4:00 pm	† Deceased members of the Gregoire & Maher families from Madeleine Maher
Sun., July 24	9:00 am	Special intention from Lilian Bacani
	11:00 am	Needs & intentions of all parishioners from Fr. Brian Trueman



Parish Office Hours for July & August

9 am - 3 pm, Tuesday - Thursday.

Bulletins: The next bulletin published will be for the weekend of July 24th.



Please pray for the repose of the soul of +Pat Downey, wife of Brian Downey, who passed away on June 10, 2022. Please also pray for Brian and family, and all those who grieve the loss of a loved one.



Ordination to the Priesthood: Rev. Deacon Serge Buissé will be ordained on Friday, July 8 at 7 pm, at the St. Boniface Cathedral. Everyone is invited to this very special diocesan event. Come celebrate and support our new priest! The liturgy will be livestreamed, and can be accessed via the YouTube channel of St. Boniface Cathedral Parish: [live.cstboniface.ca](https://www.youtube.com/channel/UCv8v8v8v8v8v8v8v8v8v8v8)

Summer Chapels 2022 - revised

A revised list of summer chapels is now available. These changes affect Jessica Lake, Barrier Bay, and Albert Beach. Copies of the revised schedule (printed on pink paper) are by the parish office or [click here](#)

Music of the Roman Missal

For the summer months without organized choirs, we have worked to develop small booklets with the Ordinary parts of the Mass with music on them so that we can continue to sing our liturgical prayer. We have been using these simple English plainchant Mass parts during weekday Mass for the month of June and it has been going quite well. These are the same ones in the Roman Missal that Fr. Brian has access to so he can help lead the singing of these prayers, and the beautiful simplicity of them does not require musical instruments to support the singing.

You'll find the booklets in the hymnal shelves. Please return the booklets to the shelves after use. Thank you.



Thank you always for your monetary and food donations for SSVP - visits to families with food continue through the summer months.

Just a reminder of the most needed food items:

- Cereal
- Pasta
- Canned tuna or salmon
- Pasta sauce
- Canned lunch meat
- Peanut butter
- canned pasta
- Canned vegetables
- Mac and cheese
- Pork and beans



Plant Sale for the Refugee Ministry

Thank you to all those in the parish and their friends who purchased plants at Arbo Flora on June 16th for our fundraiser for the Refugee Ministry.

Arbo Flora donated 30 percent of our plant sales to the Refugee Ministry in the amount of **\$510.00**. A special THANK YOU to Arbo Flora for their generosity and support!

Thank you all for your donations to the Refugee Ministry. **We have not reached our goal quite yet.** If you'd like to make a donation, you'll find Refugee donation envelopes by the parish office. To donate via credit card, go to st-timothy.ca, click on "donate" and follow the links! Questions? Email st.timothyrefugeeministry@gmail.com

Funeral Luncheon Ministry - We NEED Your Help!

The Funeral Luncheon Ministry is looking for more women and men to help with this important ministry. There are many areas of work for preparing for funeral receptions with the bulk of the activity happening the day before and the day of the funeral. There is shopping for groceries, cutting fruit and vegetables, making sandwiches and other food preparation, serving food, setting up and taking down tables, and the clean up after. You can help as much or as little as your schedule allows.

No experience is necessary! Come have fun with these lovely people in the parish and support our grieving families in this ministry of care. This ministry supports the parish financially, too, so it is a win-win-win! If you'd like more information, please contact Eileen Hyslop, the Funeral Luncheon Coordinator at 204-255-6568.

Our **LIFE** spreads *light*
when it is *given* in **SERVICE.**

The **SECRET** of *Joy*
is *living* to **SERVE.**

Pope Francis



Priestly Preparations: Vestments and Prayers

Greetings!

In my homily last Sunday, I included a small mention of the vesting prayers for the priest in reference to “carrying the sweet yoke of the Lord”. I’ve always wanted to do some teaching on this whole tradition and practice of prayerfully preparing for Mass so this seemed like a good opportunity. This Sunday, I’m actually drawing the teaching given from the Vatican’s own article on this practice because of its quality. It’s a bit longer than my usual 1-2 page message for the bulletin, but our summer bulletin schedule will be a bit unusual anyway, so enjoy it.

Before I leave you this rich teaching, one could rightly ask, “What does a practice relegated to a priest have to do with me?”. A number of answers could be given, but perhaps I’ll leave you with a couple that come to my mind: 1) If the priest must prepare to celebrate Mass spiritually and meaningfully due to its supreme importance, should I also not prepare myself spiritually and meaningfully to participate in the Mass? What are the ways that I can prepare myself and my family?; and 2) I think the practice of praying and reflecting on supernatural realities while in the midst of the ordinariness of life is a powerful way to grow in holiness. How do we allow faith to penetrate and permeate our lives in the smallest ways, like washing our hands or even getting dressed?

I am, in our Lord, yours.
Fr. Brian Trueman

The Vestments and the Prayers for the Priest before Mass

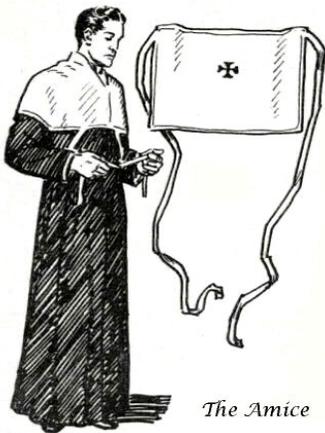
1) At the beginning of his vesting he washes his hands, reciting an appropriate prayer; beyond the practical hygienic purpose, this act has a profound symbolism, inasmuch as it signifies passage from the profane to the sacred, from the world of sin to the pure sanctuary of the Most High. The washing of the hands is in some manner equivalent to removing the sandals before the burning bush (cf. Exodus 3:5).

The prayer hints at this spiritual dimension: "*Da, Domine, virtutem manibus meis ad abstergendam omnem maculam; ut sine pollutione mentis et corporis valeam tibi servire*" (Give virtue to my hands, O Lord, that being cleansed from all stain I might serve you with purity of mind and body).



It was once common for sacristies to have the *Da, Domine, virtutem* prayer posted in the sacristy above the sink.

After the washing of the hands, the vesting proper begins.



2) The priest begins with the amice, a rectangular linen cloth, which has two strings and is placed over the shoulders and around the neck; the strings are then tied about the waist. The amice has the purpose of covering the everyday clothing, even if it is the priest's clerical garb. In this sense, it is important to recall that the amice is worn even when the celebrant is wearing a modern alb, which often does not have a large opening at the neck but fits closely around the collar. Despite the close fitting neck of the modern alb, the everyday clothing still remains visible and it is necessary for the celebrant to cover his collar even in this case.

In the Roman Rite, the amice is donned before the alb. While putting it on the priest recites the following prayer: "*Impone, Domine, capiti meo galeam salutis, ad expugnandos diabolicos incursus*" (Place upon me, O Lord, the helmet of salvation, that I may overcome the assaults of the devil).

With the reference to St. Paul's Letter to the Ephesians (6:17), the amice is understood as "the helmet of salvation," that must protect him who wears it from the demon's temptations, especially evil thoughts and desires, during the liturgical celebration. This symbolism is still more clear in the custom followed since the Middle Ages by the Benedictines, Franciscans and Dominicans, who first put the amice upon their heads and then let it fall upon the chasuble or dalmatic.



3) The alb is the long white garment worn by the sacred ministers, which recalls the new and immaculate clothing that every Christian has received through baptism. The alb is, therefore, a symbol of the sanctifying grace received in the first sacrament and is also considered to be a symbol of the purity of heart that is necessary to enter into the joy of the eternal vision of God in heaven (cf. Matthew 5:8).

This is expressed in the prayer the priest says when he dons the alb. The prayer is a reference to Revelation 7:14: "*Dealba me, Domine, et munda cor meum; ut, in sanguine Agni dealbatus, gaudii perfruar sempiternis*" (Make me white, O Lord, and cleanse my heart; that being made white in the Blood of the Lamb I may deserve an eternal reward).



4) Over the alb and around the waist is placed the girdle or cincture, a cord made of wool or other suitable material that is used as a belt. All those who wear albs must also wear the cincture (frequently today this traditional custom is not followed). For deacons, priests and bishops, the cincture may be of different colors according to the liturgical season or the memorial of the day. In the symbolism of the liturgical vestments the cincture represents the virtue of self-mastery, which St. Paul also counts among the fruits of the Spirit (cf. Galatians 5:22). The corresponding prayer, taking its cue from the first Letter of Peter (1:13), says: "*Praecinge me, Domine, cingulo puritatis, et exstingue in lumbis meis humorem libidinis; ut maneat in me virtus continentiae et castitatis*" (Gird me, O Lord, with the cincture of purity, and quench in my heart the fire of concupiscence, that the virtue of continence and chastity may abide in me).

5) The maniple is an article of liturgical dress used in the celebration of the extraordinary form of the Holy Mass of the Roman Rite. It fell into disuse in the years of the post-conciliar reform, even though it was never abrogated. The maniple is similar to the stole but is not as long: It is fixed in the middle with a clasp or strings similar to those of the chasuble. During the celebration of the Holy Mass in the extraordinary form, the celebrant, the deacon and the subdeacon wear the maniple on their left forearm. This article of liturgical garb perhaps derives from a handkerchief, or "*mappula*," that the Romans wore knotted on their left arm. As the "*mappula*" was used to wipe away tears or sweat, medieval ecclesiastical writers regarded the maniple as a symbol of the toils of the priesthood.

This understanding found its way into the prayer recited when the maniple is put on: "*Merear, Domine, portare manipulum fletus et doloris; ut cum exultatione recipiam mercedem laboris*" (May I deserve, O Lord, to bear the maniple of weeping and sorrow in order that I may joyfully reap the reward of my labors).



As we see, in the first part the prayer references the weeping and sorrow that accompany the priestly ministry, but in the second part the fruit of the work is noted. It would not be out of place to recall the passage of a Psalm that may have inspired the latter symbolism of the maniple.

The Vulgate renders Psalm 125:5-6 thus: "*Qui seminant in lacrimis in exultatione metent; euntes ibant et flebant portantes semina sua, venientes autem venient in exultatione portantes manipulos suos*" (They that sow in tears shall reap in joy. Going they went and wept, casting their seeds, but coming they shall come with joyfulness, carrying their maniples).



6) The stole is the distinctive element of the raiment of the ordained minister and it is always worn in the celebration of the sacraments and sacramentals. It is a strip of material that is embroidered, according to the norm, whose color varies with respect to the liturgical season or feast day.

Putting on the alb, the priest recites this prayer: "*Redde mihi, Domine, stolam immortalitatis, quam perdidisti in praevaricatione primi parentis; et, quamvis indignus accedo ad tuum sacrum mysterium, merear tamen gaudium sempiternum*" (Lord, restore the stole of immortality, which I lost through the collusion of our first parents, and, unworthy as I am to approach Thy sacred mysteries, may I yet gain eternal joy).

Since the stole is an article of enormous importance, which, more than any other garment, indicates the state of ordained office, one cannot but lament the abuse, that is now quite widespread, in which the priest does not wear a stole when he wears a chasuble.



7) Finally, the chasuble is put on, the vestment proper to him who celebrates the Holy Mass. In the past the liturgical books used the two Latin terms "*casuala*" and "*planeta*" synonymously. While the term "*planeta*" was especially used in Rome and has remains in use in Italy ("*pianeta*" in Italian), the term "*casula*" derives from the typical form of the vestment that at the beginning completely covered the sacred minister who wore it. The Latin "*casula*" is found in other languages in a modified form. Thus one finds "*casulla*" in Spanish, "*chasuble*" in French and English, and "*Kasel*" in German.



The prayer for the donning of the chasuble references the exhortation in the Letter to the Colossians (3:14) -- "Above all these things [put on] charity, which is the bond of perfection" -- and the Lord's words in Matthew, 11:30: "*Domine, qui dixisti: Iugum meum suave est, et onus meum leve: fac, ut istud portare sic valeam, quod consequar tuam gratiam. Amen*" (O Lord, who has said, "My yoke is sweet and My burden light," grant that I may so carry it as to merit Thy grace).

In conclusion, one hopes that the rediscovery of the symbolism of the liturgical vestments and the vesting prayers will encourage priests to take up again the practice of praying as they are dressing for the liturgy so as to prepare themselves for the celebration with the necessary recollection.

While it is possible to use different prayers, or simply to lift one's mind up to God, nevertheless the texts of the vesting prayers are brief, precise in their language, inspired by a biblical spirituality and have been prayed for centuries by countless sacred ministers. These prayers thus recommend themselves still today for the preparation for the liturgical celebration, even for the liturgy according to the ordinary form of the Roman Rite.

-Excerpt taken from the article, "Liturgical Vestments and the Vesting Prayers" by the Office for the Liturgical Celebrations of the Supreme Pontiff, Vatican Website, https://www.vatican.va/news_services/liturgy/details/ns_lit_doc_20100216_vestizione_en.html

Recent Offerings to our Parish

Date 2022	Envelope Amount	Loose Cash	TOTAL
June 26	\$2,656.00 (74 env)	\$127.00	\$2,783.00

Thank you for your continued support of our parish!

STEWARDSHIP REFLECTION for July 2022

**“ONCE ONE CHOOSES TO
BECOME A DISCIPLE OF
JESUS CHRIST, STEWARDSHIP
IS NOT AN OPTION.”**

*Bishop John J. McRaith, U.S. Catholic bishops' Ad Hoc
Committee on Stewardship*

Request for Items for Newcomer Families

We have a newcomer family in need of a **baby crib, mattress, change table and general baby items.**

We are also still looking for **bikes for kids and youth** for newcomer families.

If you have any of these items to donate, please contact Lynne Guertin at 204-795-9366.

WEEKLY MARRIAGE TIP

Long car rides provide time for meaningful conversation. Go for a drive today and find out what is on your spouse's mind.

4 Seasons of Reconciliation is being offered FREE



This online 3-hour truth and reconciliation course (certificate included!) from Reconciliation Education and First Nations University of Canada is available now until August 30th from RBC for all Canadians - free! To register, [click here](#) or use the following link: https://share.hsforms.com/1iV8WPI-xRsGfv2w6U_aag4z7zm

For more information, go to: reconciliationeducation.ca

From the “Companions in Grief” Team

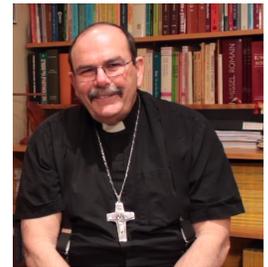
MOVING FORWARD with Grief

A strong faith helps the bereaved come to terms with the loss and cope with the fact of death, but the grief is still there. Those who love deeply grieve deeply. Those who have faith in the eternal promises of God will transcend their grief eventually and grow spiritually, but they will still need their necessary period of mourning. People of faith don't make light of sorrow. Instead they embrace the sorrow and recognize that it is their ordained time to mourn.



Congratulations to the winners of the Knights of Columbus Summer Meat Raffle! All winners have been contacted. A list of the winners names is posted on the bulletin board by the parish hall.

Walking Together: As Pope Francis' pilgrimage of reconciliation with Indigenous peoples in Canada is approaching quickly, this late-July event will be a further and important step in the journey of healing and peace our Church continues to pursue along with Indigenous peoples throughout Turtle Island. In fact, our archdiocese will be sending a delegation of 55 Indigenous peoples, Residential school survivors from our seven Indigenous communities, who will be selected as representatives by the Chiefs and Band councils of their respective communities. As Archbishop Albert accompanies them to meet with Pope Francis in Edmonton, this will also be an important step in reconciliation for our local Church.



As most of us will be unable to be there physically, it is important for us to commit to joining this pilgrimage spiritually. In this message, then, Archbishop Albert invites us to follow, through the various media (such as Salt + Light Media), the events of this pilgrimage. But not only this. He further invites us to inform ourselves, particularly from Indigenous voices and perspectives, to thus open ourselves up, to read Indigenous literature, to hear Indigenous stories, and to connect, one on one, with Indigenous people in our communities. Truly, although an important step, this pilgrimage remains but one step in the long journey of reconciliation which remains at hand. [Click here](#) to watch the video or go to archsaintboniface.ca

To learn more about this papal pilgrimage, or even to register to volunteer, click here: papalvisit.ca

Visit the Papal Visit Facebook page:
<https://www.facebook.com/papalvisitCanada>



Does school vacation mean vacation from the faith? It need not be so!

The Augustine Institute boasts a wealth of resources on FORMED.org designed to nourish your family's faith throughout the summer.

Take a virtual family pilgrimage to holy sites throughout the world. Set aside time – from a day to a few weeks – for a personal retreat in which you can participate from the comfort of that quiet space in your own home. Beef up your spiritual reading through the FORMED Book Club or the FORMED NOW Book Studies.

In this time of planting and growing, let the seed of faith be planted and grow within you for a beautiful harvest of graces at the end of the summer. <https://watch.formed.org/summer-on-formed>



LEARN:

FORMED Now - *Does Faith Take a Vacation?*

30m

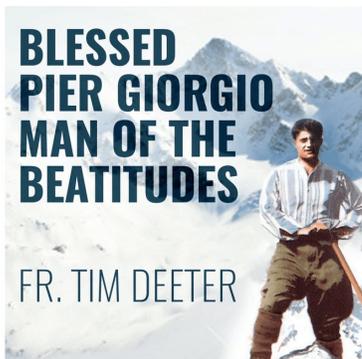
Guest host Dr. Ben Akers talks with Dr. Scott Hefelfinger about continuing your faith on vacation. Watch this great talk!

WATCH: *Maria Goretti: The Story of the Patroness of Modern Youth* • 1h 36m

The story of Saint Maria Goretti is retold in this beautifully made film from Italy. It explains the plight of the poor laborers of the time, struggling to survive in a swampy area with rampant malaria and extreme poverty. Luigi and Assunta Goretti keep their faith despite the hardship, and they instill in their children a deep love for God. Their daughter Maria is especially devout. But tragedy strikes more than once: sickness and death affects the Goretti family, and then their young neighbor Alessandro does the unthinkable. This film, made on location and filled with authentic detail, stars Martina Pinto as Maria, Flavio Insinna (Saint John Bosco) as the brave local Passionist priest, Luisa Ranieri and Massimo Bonetti as her parents, and Claudia Koll as the Countess Mazzoleni.



LISTEN: *Blessed Pier Giorgio Frassati: Man of the Beatitudes* by Fr. Tim Deeter



Born in 1901 in Turin, Italy into a family of wealth and status, Pier Giorgio enjoyed close friends, hiking and skiing, museums and music, and was involved in political action. He found that deep prayer, service to the poor, and a passion for bringing others to Christ led to a life of purpose, peace, and happiness. Pier Giorgio died at the age of 24 on July 4, 1925. He was beatified on May 20, 1990 by Pope St. John Paul II who referred to him as a "man of the beatitudes".

Go to formed.org/signup to create a FREE account, a gift from the parish to YOU!